

*Parish Nurses Minutes – December 4, 2018*

Present: Margaret Patterson, Elaine Bloniasz, Jennifer LaBarre, Sr. Cindy

Our meeting opened with Franciscan Evening Prayer for Advent.

We received an updated list of possible programs from Home Instead Senior Care. Suzanne McElroy said they would be willing to put on our next Dine & Learn. After review of the topics, it was decided that we would ask Suzanne to combine the program on “Communicating with your Doctor” with the one on “Talking About Medications”. We would like the next program to be on Saturday, April 27. If that is not possible, we would aim for Saturday, April 13. Cindy will check with Suzanne on the topic and date.

Margaret has spoken with Christian Elmasian regarding the possibility of catering the next Dine & Learn for us. Christian is interested, as long as the date works for him.

Judy Dowd is still interested in providing another program on nutrition for us.

Regarding our possible “Health Fair,” Elaine has a handful of people she could tap for the event. Some of the possibilities that could be included are: Estate Planning, Community Health Nurses, Blood Pressure Clinic, Fire Dept., “Stop the Bleed,” AMR, Diabetes, Health Food Store (“Better Life”), and Naturopathy.

There could be booths for rent, especially for companies that would benefit from picking up customers. There could be some food and crafters in between health related booths. Presentations are possible and a time schedule prepared for these.

Elaine offered to coordinate the event. There is a possibility of getting students from STCC, U Mass, and HCC. Elaine will check with Our Lady of the Blessed Sacrament in Westfield because they did a Health Fair not too long ago.

We are looking at October 5, 19, or 26<sup>th</sup> as possible dates for the event, with a time frame of 12:00 Noon to 4:00 PM. If we do the Health Fair in October, we will not do another Dine & Learn until the spring of 2020. The school would have to be contacted to see if we could use one of those dates because we would have to start scheduling people for the event and we are not allowed to book a date for the calendar before the end of June. We will ask for an exception so that the event could be organized.

We also spoke of the possibility of “Foot Care by Nurses” as a Dine & Learn topic, or possibly for the Health Fair.

We will not have a January meeting.

**Our next meeting is scheduled for 6:30 PM on Tuesday, February 5, 2019.**